

Body Parts
Making Sure That We Honor God with All of Us



Body Parts

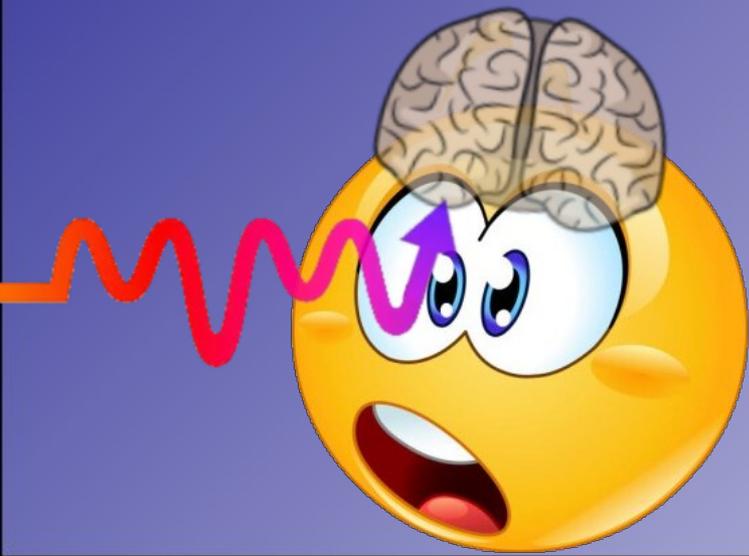
- *Our Ears*
- *Our Eyes (part 2)*
- *Our Tongues*
- *Our Hands*
- *Our Feet*
- *Our Hearts*



Our Eyes

Quick review from last week

- We talked about how your eyes work
 - Much like with “hearing” vs. “listening,” your eyes “see” by having light enter into your irises but we “perceive” when our brains act to then *interpret* the images that our eyes have “seen”
 - So some people can truly be physically blind but even those of us who can “see” the world around us may not be “perceiving” it correctly



Our Eyes

Quick review from last week

- We talked about how your eyes work
- We talked about how *perception* works
 - Your brain looks for patterns and reads them back into whatever you're looking at
 - That's a good thing when it works accurately but that's a *dangerous* thing when we just *assume* the patterns we "perceive" are the same thing as the stuff that we literally "see"

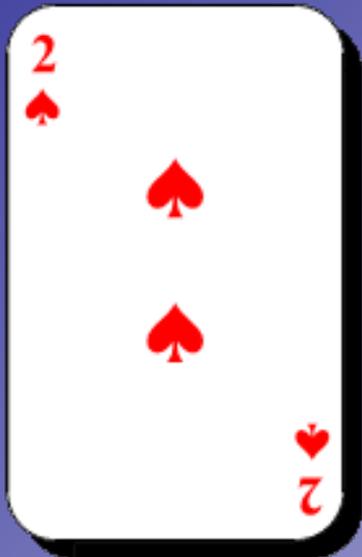


This is not a pipe

Our Eyes

Quick review from last week

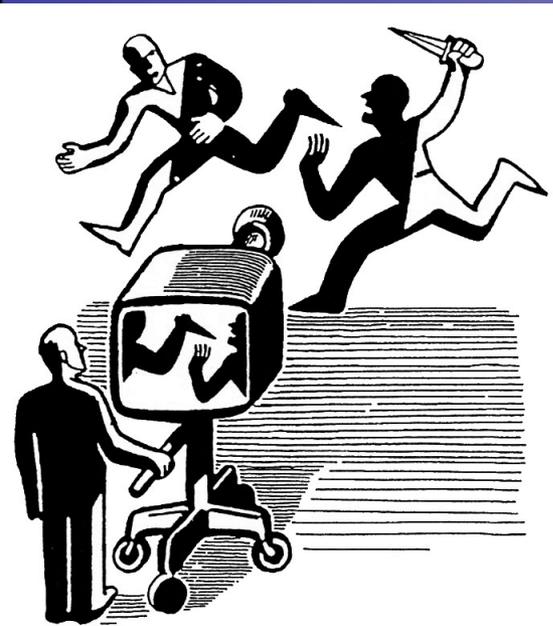
- We talked about how your eyes work
- We talked about how *perception* works
 - Your brain looks for patterns and reads them back into whatever you're looking at
 - Your brain really hates “cognitive dissonance” and will act to reduce it—even if that means *lying* to yourself about what you're “seeing”
 - It will often automatically shave off the “round edges” of “square pegs” to make them fit more easily into your cognitive “round holes”



Our Eyes

Quick review from last week

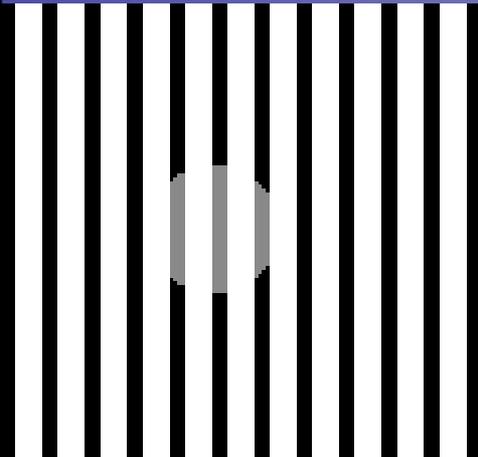
- We talked about how your eyes work
- We talked about how *perception* works
 - Your brain looks for patterns and reads them back into whatever you're looking at
 - Your brain really hates “cognitive dissonance” and will act to reduce it
 - Your brain automatically “packages” what you're “seeing” with your eyes, focusing on what it assumes is important and disregarding the stuff on the periphery that it assumes is irrelevant
 - How can that be crucially helpful on a day-to-day basis of “perception”?
 - How can that be dangerous on a day-to-day basis of “perception”?



Our Eyes

Quick review from last week

- We talked about how your eyes work
- We talked about how *perception* works
 - Your brain looks for patterns and reads them back into whatever you're looking at
 - Your brain really hates “cognitive dissonance” and will act to reduce it
 - Your brain automatically “packages” what you're “seeing” with your eyes
 - Your brain automatically “fills in” the hole of your physical “blind spot” that everyone has in their physical eyes (where the optical nerve connects)
 - How can that be conceptually crucial for your brain to “fill in the gaps” of your “perceptions” for you throughout the day?
 - How can that be conceptually dangerous for your brain to “fill in the gaps” of your “perceptions” for you without telling you?



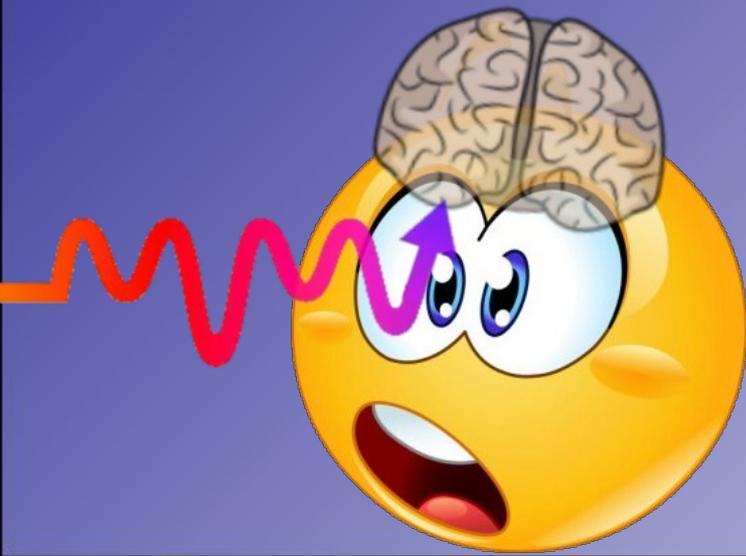
Our Eyes

Quick review from last week

- We talked about how your eyes work
- We talked about how *perception* works
- So which is **ITrue?**

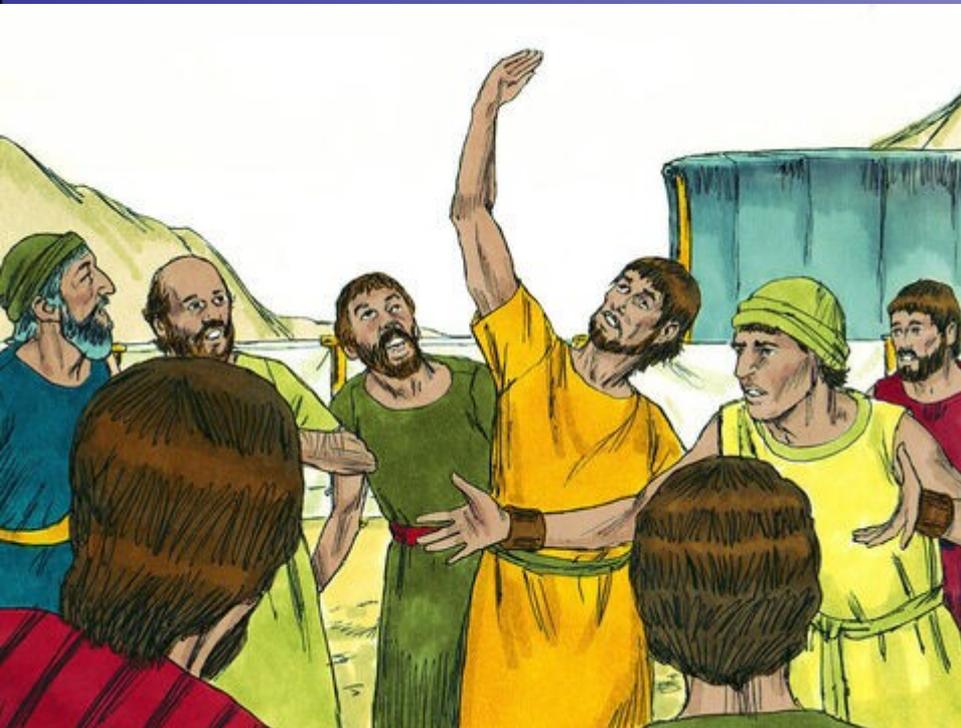
“Seeing is Believing”

“Believing is Seeing”



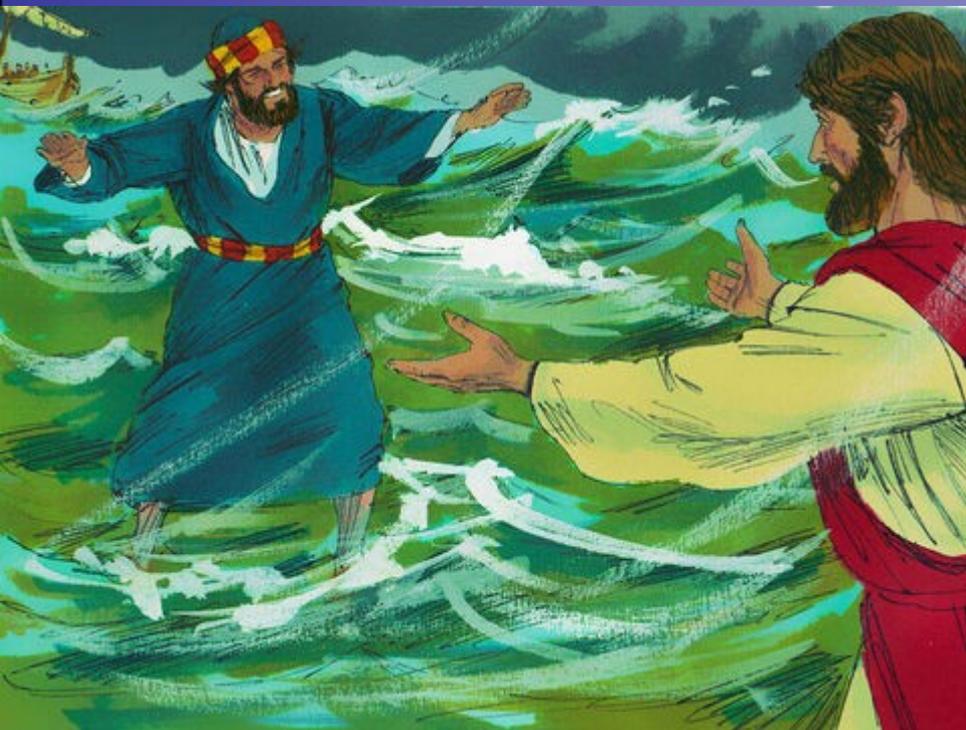
Our Eyes

- Eyes 201
 - Think about all of that as we think about some more Bible passages and cross-apply those concepts
 - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
 - Read Numbers 13:32-33
 - How were the spies expressing what they were subjectively “perceiving” as accurate assessments of what they were objectively “seeing” here?
 - What were they actively *not* “perceiving”?
 - How do we often do this today?



Our Eyes

- Eyes 201
 - Think about all of that as we think about some more Bible passages and cross-apply those concepts
 - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
 - Read Numbers 13:32-33
 - Read Matthew 14:25-31
 - How did Peter's “perceptions” about what he “saw” undermine his faith?
 - What was he fixing his eyes on here?
 - What was he *not* fixing his eyes on here?
 - How do we often do this today?



Our Eyes

- Eyes 201
 - Think about all of that as we think about some more Bible passages and cross-apply those concepts
 - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
 - How does David fix his focus on God in his psalms?
 - Read Psalm 16:8-9
 - How can fixing our eyes on God provide stability, joy, rest, and security?
(HINT: feel free to cross-apply Peter’s story)
(or perhaps more generically, how do verses such as Proverbs 4:25-27 speak to what we should be focusing our eyes upon?)



Our Eyes

- Eyes 201
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 - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
 - How does David fix his focus on God in his psalms?
 - Read Psalm 16:8-9
 - Read Psalm 141:8-9 (and Psalm 25:15)
 - How does David think fixing his eyes on the Lord will protect him from pitfalls?
 - How can that work for us today?



Our Eyes

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 - Think about all of that as we think about some more Bible passages and cross-apply those concepts
 - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
 - How does David fix his focus on God in his psalms?
 - Read Psalm 16:8-9
 - Read Psalm 141:8-9 (and Psalm 25:15)
 - Read Psalm 119:35-37 (and Psalm 101:3)
 - How is this a corollary to what he’s already said?
 - Why is it important what you set in front of your eyes (good *and* bad)?
 - How is that still crucially important for us today?
 - For instance, how can we apply what Job 31:1 says (almost certainly written centuries before David) —either specifically or as a paradigm in general?



Our Eyes

- Eyes 201
 - Think about all of that as we think about some more Bible passages and cross-apply those concepts
 - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
 - How does David fix his focus on God in his psalms?
 - What about David's wise son, Solomon?
 - Read Proverbs 6:23-29
 - Remind me—*who* was Solomon's mother, and how did she get together with his father?

(Bathsheba may or may not have been immoral herself in that story—though David *certainly* was—but how would she or David have *felt* about reading this chunk of Proverbs?)

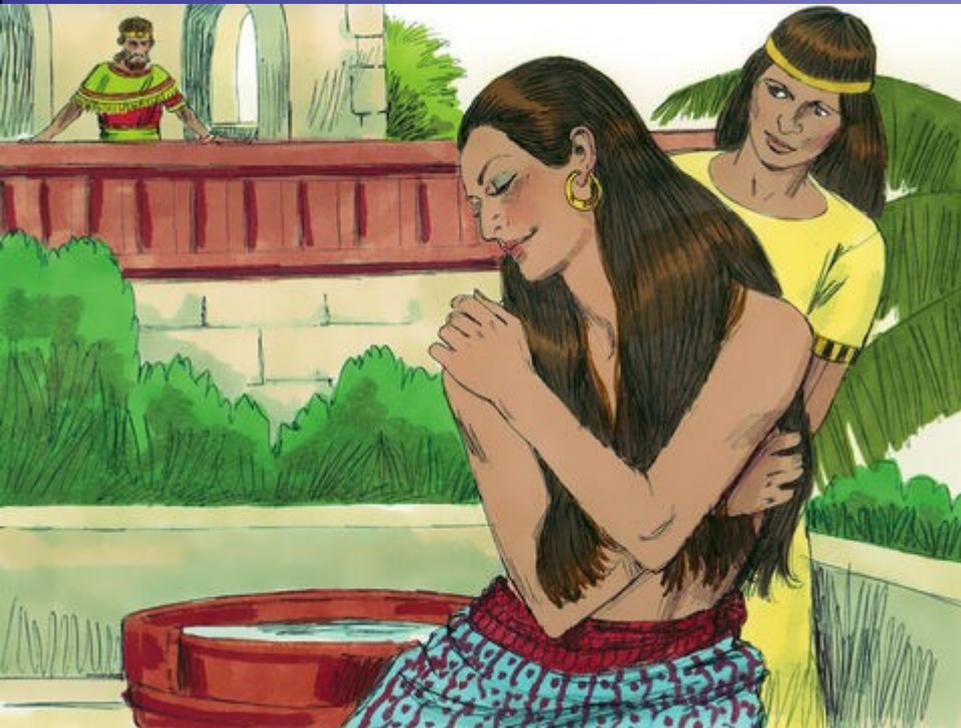


Our Eyes



Funky little teaching moment...

- Let's unpack that just a smidgey bit here
 - Read 2 Samuel 11:2-4
 - Was the fact that David could “see” Bathsheba a *sin* on his part?
 - Or was it his “perceptions” and fantasies *based* on what he could “see” that constituted his first sin? (i.e.; not the “seeing” so much as the “lingering” on what he was “seeing”)

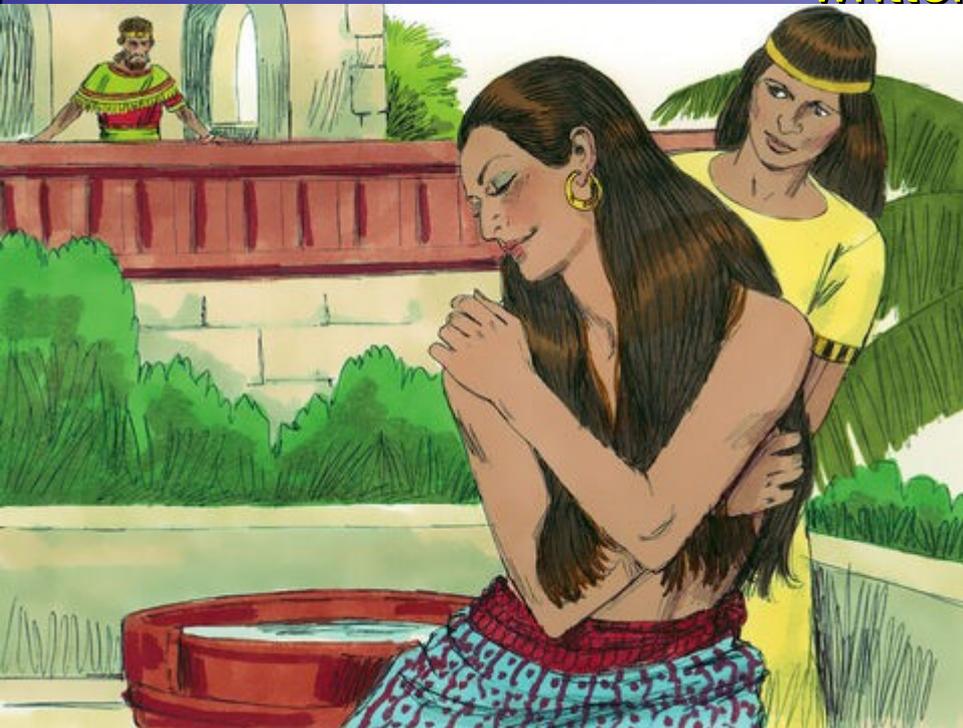


Our Eyes



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 - Was the fact that David could “see” Bathsheba a *sin* on his part?
 - Or was it his “perceptions” and fantasies *based on* what he could “see” that constituted his first sin?
 - How was David ignoring what he himself had written in all of those earlier psalms?
 - *Why* was David ignoring what he himself had written in all of those earlier psalms?
 - How can we still do the same things *today* (even with non-sexual sorts of sins)?



Our Eyes



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 - Was the fact that David could “see” Bathsheba a *sin* on his part?
 - Or was it his “perceptions” and fantasies *based* on what he could “see” that constituted the first sin?
 - Cross-apply: How do our perceptual “patterns” that we've accepted that allow for *one* sin make it all the easier for us to allow for *continued* sin?

