

***Body Parts***  
***Making Sure That We Honor God with All of Us***



# ***Body Parts***

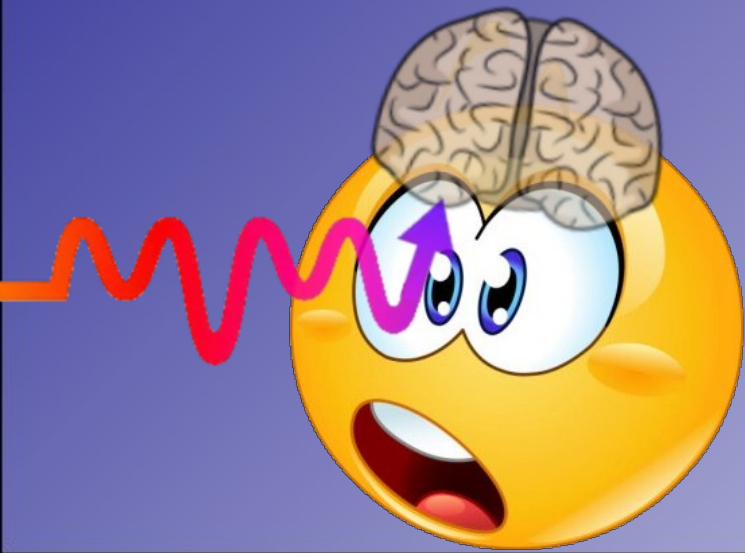
- *Our Ears*
- *Our Eyes (part 2)*
- *Our Tongues*
- *Our Hands*
- *Our Feet*
- *Our Hearts*



# Our Eyes

## Quick review from last week

- We talked about how your eyes work
  - Much like with “hearing” vs. “listening,” your eyes “see” by having light enter into your irises but we “perceive” when our brains act to then *interpret* the images that our eyes have “seen”
    - So some people can truly be physically blind but even those of us who can “see” the world around us may not be “perceiving” it correctly



# Our Eyes

## Quick review from last week

- We talked about how your eyes work
- We talked about how *perception* works
  - Your brain looks for patterns and reads them back into whatever you're looking at
    - That's a good thing when it works accurately but that's a *dangerous* thing when we just *assume* the patterns we "perceive" are the same thing as the stuff that we literally "see"



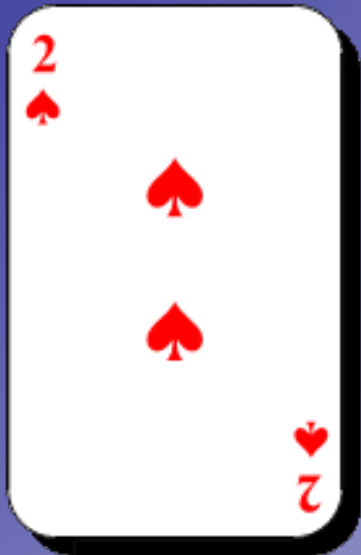
*This is not a pipe*



# Our Eyes

## Quick review from last week

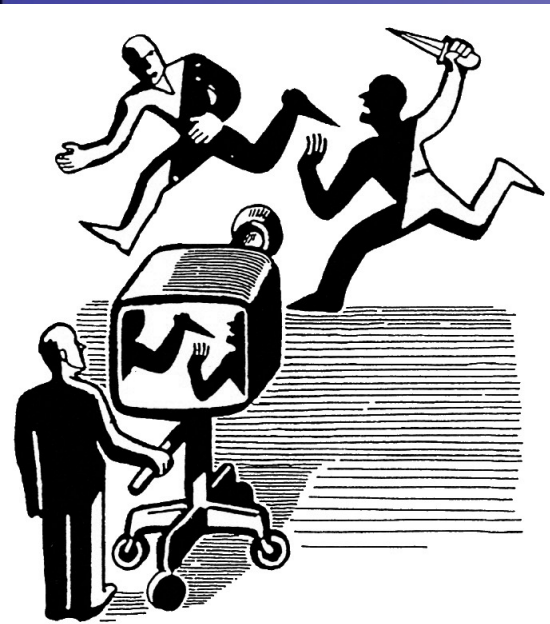
- We talked about how your eyes work
- We talked about how *perception* works
  - Your brain looks for patterns and reads them back into whatever you're looking at
  - Your brain really hates “cognitive dissonance” and will act to reduce it—even if that means *lying* to yourself about what you're “seeing”
    - It will often automatically shave off the “round edges” of “square pegs” to make them fit more easily into your cognitive “round holes”



# Our Eyes

## Quick review from last week

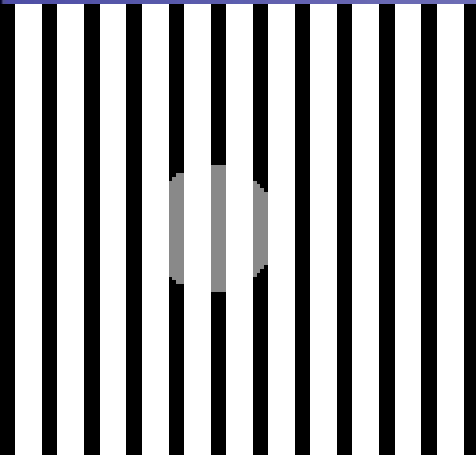
- We talked about how your eyes work
- We talked about how *perception* works
  - Your brain looks for patterns and reads them back into whatever you're looking at
  - Your brain really hates “cognitive dissonance” and will act to reduce it
  - Your brain automatically “packages” what you're “seeing” with your eyes, focusing on what it assumes is important and disregarding the stuff on the periphery that it assumes is irrelevant
    - How can that be crucially helpful on a day-to-day basis of “perception”?
    - How can that be dangerous on a day-to-day basis of “perception”?



# Our Eyes

## Quick review from last week

- We talked about how your eyes work
- We talked about how *perception* works
  - Your brain looks for patterns and reads them back into whatever you're looking at
  - Your brain really hates “cognitive dissonance” and will act to reduce it
  - Your brain automatically “packages” what you're “seeing” with your eyes
  - Your brain automatically “fills in” the hole of your physical “blind spot” that everyone has in their physical eyes (where the optical nerve connects)
    - How can that be conceptually crucial for your brain to “fill in the gaps” of your “perceptions” for you throughout the day?
    - How can that be conceptually dangerous for your brain to “fill in the gaps” of your “perceptions” for you without telling you?



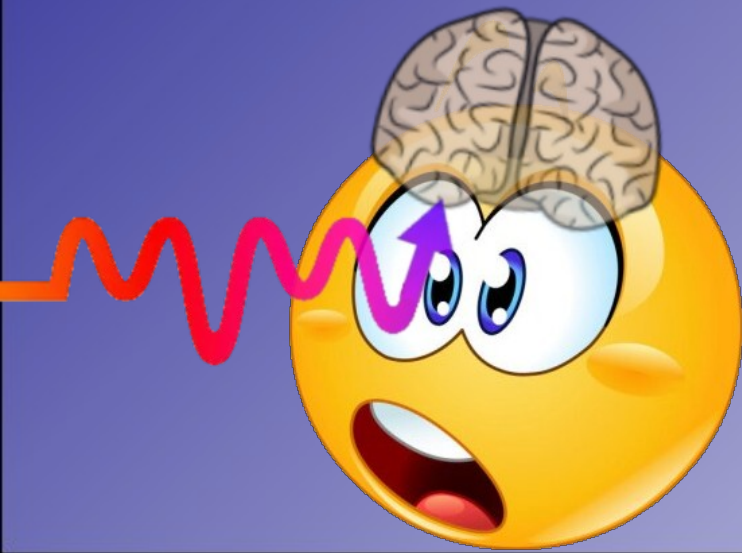
# Our Eyes

## Quick review from last week

- We talked about how your eyes work
- We talked about how *perception* works
- So which is **True**?

“Seeing is Believing”

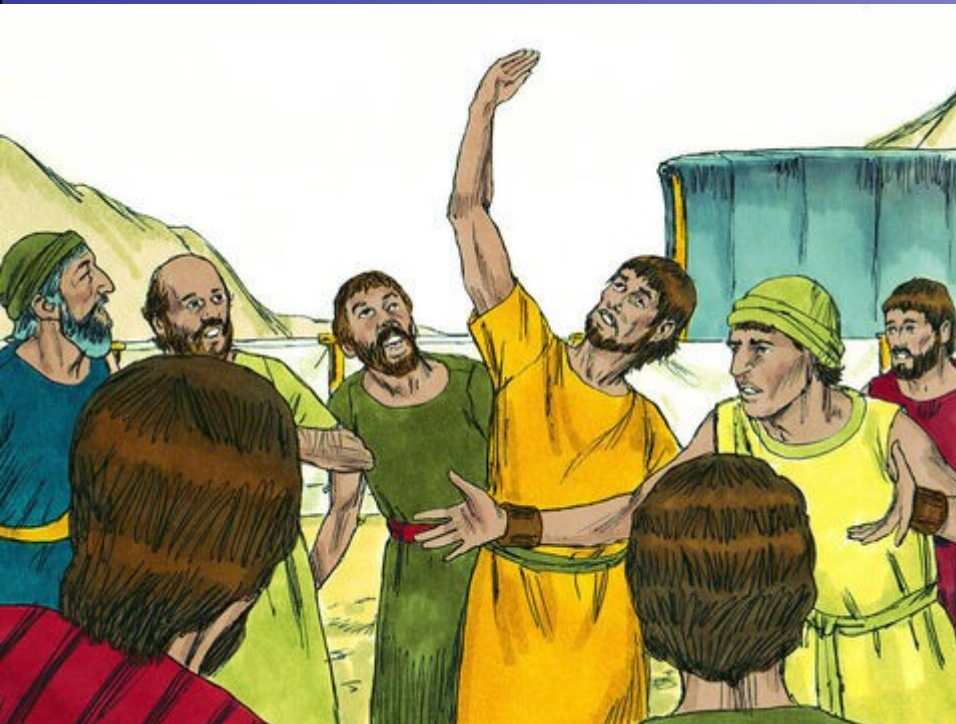
“Believing is Seeing”





# Our Eyes

- Eyes 201
  - Think about all of that as we think about some more Bible passages and cross-apply those concepts
    - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
      - Read Numbers 13:32-33
        - How were the spies expressing what they were subjectively “perceiving” as accurate assessments of what they were objectively “seeing” here?
          - What were they actively *not* “perceiving”?
            - How do we often do this today?



# Our Eyes

- Eyes 201
  - Think about all of that as we think about some more Bible passages and cross-apply those concepts
    - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
      - Read Numbers 13:32-33
      - Read Matthew 14:25-31
        - How did Peter's “perceptions” about what he “saw” undermine his faith?
          - What was he fixing his eyes on here?
          - What was he *not* fixing his eyes on here?
          - How do we often do this today?





# Our Eyes

- Eyes 201
  - Think about all of that as we think about some more Bible passages and cross-apply those concepts
    - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
    - How does David fix his focus on God in his psalms?
      - Read Psalm 16:8-9
        - How can fixing our eyes on God provide stability, joy, rest, and security?  
(HINT: feel free to cross-apply Peter’s story)  
(or perhaps more generically, how do verses such as Proverbs 4:25-27 speak to what we should be focusing our eyes upon?)



# Our Eyes

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  - Think about all of that as we think about some more Bible passages and cross-apply those concepts
    - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
    - How does David fix his focus on God in his psalms?
      - Read Psalm 16:8-9
      - Read Psalm 141:8-9 (and Psalm 25:15)
        - How does David think fixing his eyes on the Lord will protect him from pitfalls?
        - How can that work for us today?





# Our Eyes

- **Eyes 201**
  - Think about all of that as we think about some more Bible passages and cross-apply those concepts
    - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
    - How does David fix his focus on God in his psalms?
      - Read Psalm 16:8-9
      - Read Psalm 141:8-9 (and Psalm 25:15)
      - Read Psalm 119:35-37 (and Psalm 101:3)
        - How is this a corollary to what he’s already said?
    - Why is it important what you set in front of your eyes (good *and* bad)?
      - How is that still crucially important for us today?
        - For instance, how can we apply what Job 31:1 says (almost certainly written centuries before David) —either specifically or as a paradigm in general?



# Our Eyes

- Eyes 201
  - Think about all of that as we think about some more Bible passages and cross-apply those concepts
    - For instance, how does the Bible address how our “perceptions” may not actually match our realities?
    - How does David fix his focus on God in his psalms?
    - What about David's wise son, Solomon?
      - Read Proverbs 6:23-29
        - Remind me—*who* was Solomon's mother, and how did she get together with his father?

(Bathsheba may or may not have been immoral herself in that story—though David *certainly* was—but how would she or David have *felt* about reading this chunk of Proverbs?)





# Our Eyes



## Funky little teaching moment...

- Let's unpack that just a smidgey bit here
  - Read 2 Samuel 11:2-4
    - Was the fact that David could “see” Bathsheba a *sin* on his part?
      - Or was it his “perceptions” and fantasies *based* on what he could “see” that constituted his first sin? (i.e.; not the “seeing” so much as the “lingering” on what he was “seeing”)



# Our Eyes



## Funky little teaching moment...

- Let's unpack that just a smidgey bit here
  - Read 2 Samuel 11:2-4
    - Was the fact that David could “see” Bathsheba a *sin* on his part?
      - Or was it his “perceptions” and fantasies *based* on what he could “see” that constituted his first sin?
        - How was David ignoring what he himself had written in all of those earlier psalms?
        - *Why* was David ignoring what he himself had written in all of those earlier psalms?
  - How can we still do the same things *today* (even with non-sexual sorts of sins)?





# Our Eyes



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    - Was the fact that David could “see” Bathsheba a *sin* on his part?
      - Or was it his “perceptions” and fantasies *based* on what he could “see” that constituted the first sin?
      - Cross-apply: How do our perceptual “patterns” that we've accepted that allow for *one* sin make it all the easier for us to allow for *continued* sin?

